



PREPARING FOR THE HEALTH EFFECTS OF CLIMATE CHANGE IN NJ

Kim Knowlton, DrPH

Senior Scientist, Natural Resources Defense Council (NRDC), NY;
Ass't Clinical Prof., Mailman SPH, Columbia University

Nov 29, 2011

Rutgers University

11/18/11 IPCC “Special Report on Extremes (SREX)” tells us:

- Extreme weather increasing (heat, drought, heavy rains, etc.)
- Deadly, expensive losses are increasing
 - In a warming world: extremes occur more frequently
 - Carbon pollution drives extreme heat, coastal flooding
- *Preparedness* is critically important



2011: A Year of Extremes

- 14 “billion-dollar” events: heat, drought, floods, snow, tornadoes
- Wettest-ever August & summer in NJ (22.5” of rain)
- Cost estimate of 2011 damages (as of mid-Nov.): **\$53 billion**
- After a record-breaking 2010...
 - tied 2005 for hottest year since 1880
 - 34th consecutive year with global temperature >20th century average
 - Jan 2000-Dec 2010: Warmest Decade on Record



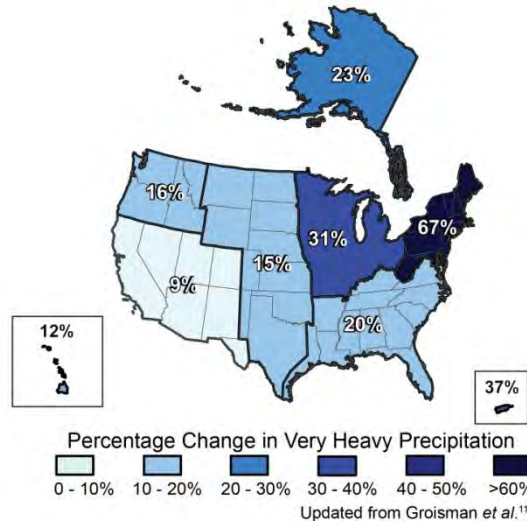
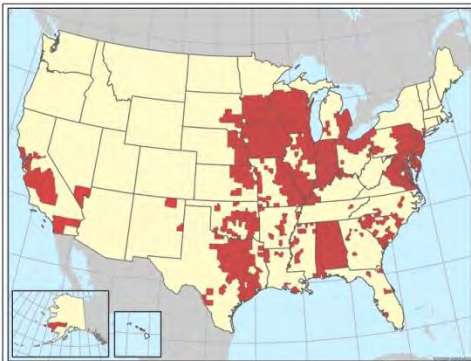
Climate Change is Happening

National impacts observed in recent decades

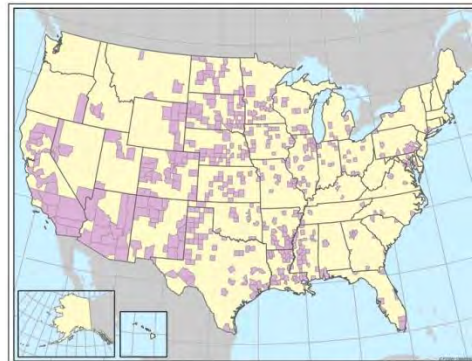
a) Location of Hurricane Landfalls, 1995 to 2000



b) Location of Extreme Heat Events, 1995 to 2000



d) West Nile Virus Cases 2004



- 2°F (1.1° C) rise in US average temperature over the past 50 yrs
- Sea level rise >8" in past 50 yrs in parts of Atlantic & Gulf Coasts
- Oceans 30% more acidic than in pre-industrial times
- Increase in heavy downpours, as much as 67% in Northeast
- Current record warmth: Atlantic sea surface temperatures 4°F (2°C) above average
- Destructive potential of Atlantic tropical storms, hurricanes ↑ since 1970

Climate change threatens health

“Climate change is one of the most serious public health threats facing our nation. Yet few Americans are aware of the very real consequences of climate change on the health of our communities, our families and our children.”

- Dr. Georges Benjamin, Executive Director of the American Public Health Association

Climate-Health Impacts

- **Extreme Storm Events**
- **Heat Waves**
- **Air Pollution**
- **Pollens and Allergy**
- **Water-borne Diseases**
- **Food-borne Diseases**
- **Vector-Borne Diseases**
- **Ecosystem Impacts**
- **Food & Water Supply Insecurity**
- **Mental Health Impacts**
- **Environmental Refugees**

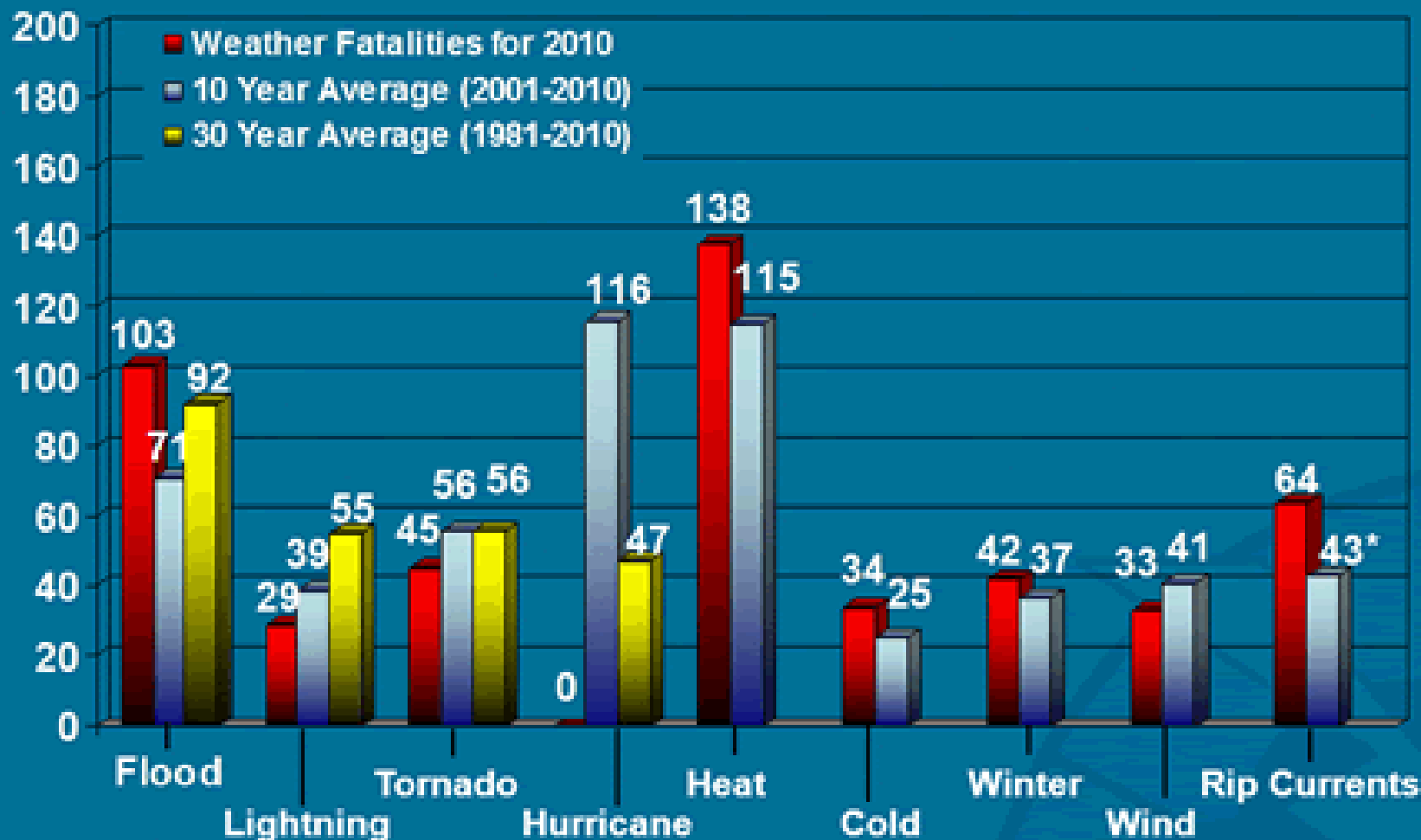


Vulnerability to climate impacts

- Economically disadvantaged people are among the most climate-vulnerable
- Age vulnerability: children, people 65+
- People with pre-existing illnesses, or limited mobility
- Location affects climate-health vulnerability; for example:
 - Coasts: Sea Level rise, storm surge
 - Cities: heat waves, urban heat island effect, air pollution



Weather Fatalities

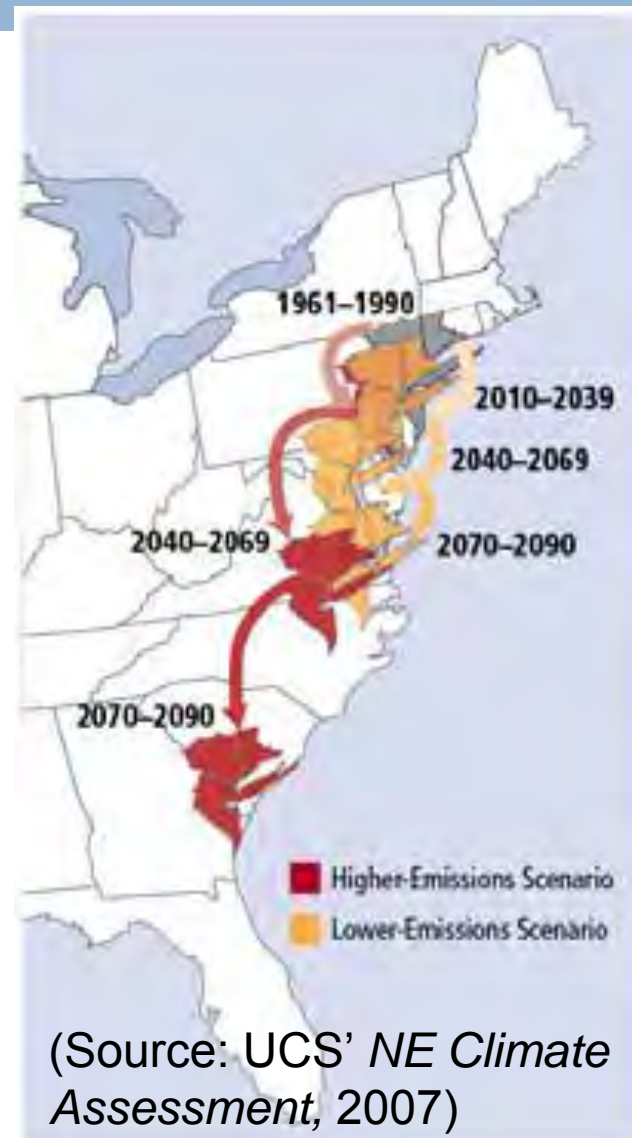


*9 year average

NJ's future under a changing climate

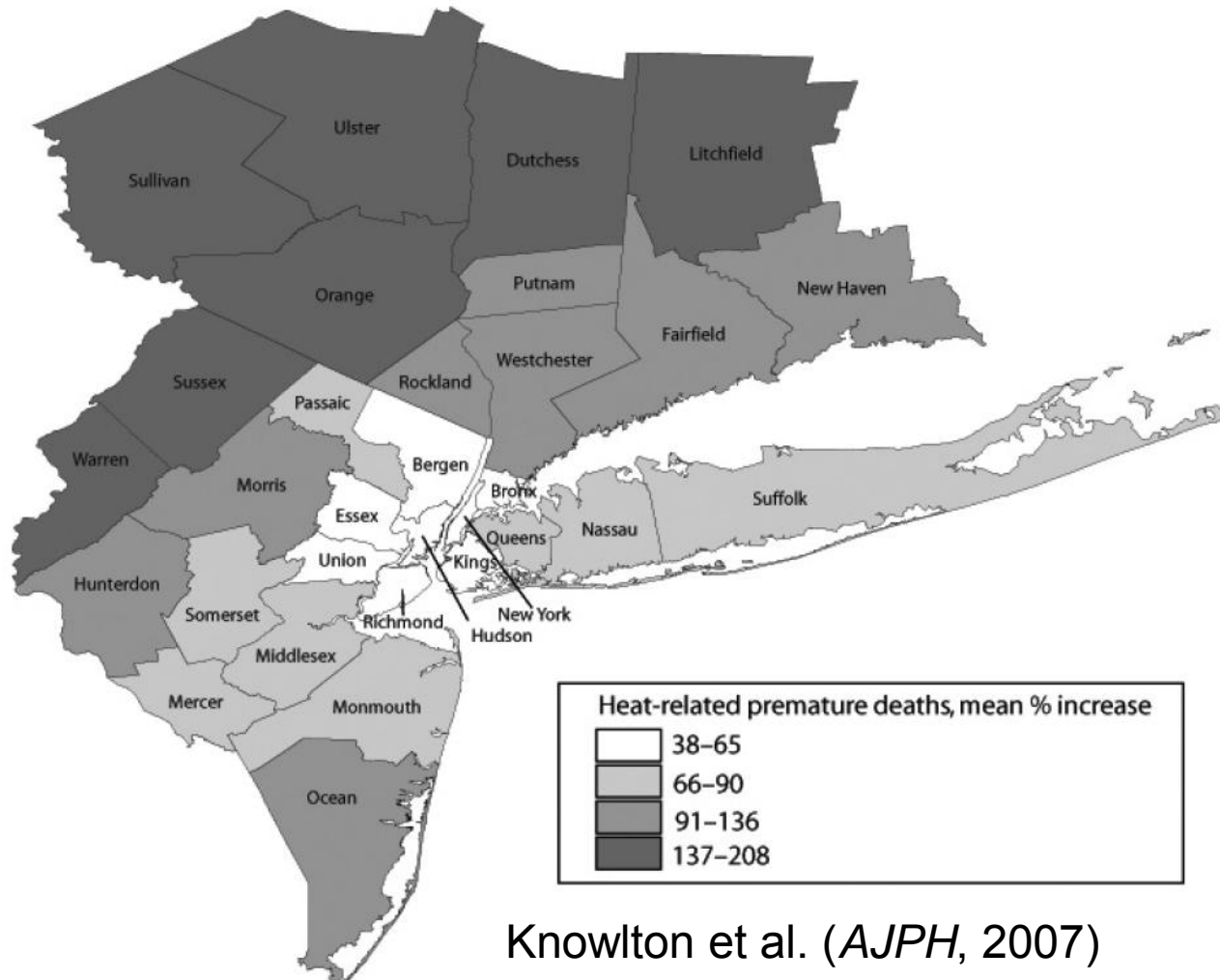
By the 2080s:

- summers 6-14°F hotter
- combined effect of heat + “urban heat islands” mean a month of days above 100°F
- Increased coastal flooding
- Sea level rises another 24-27”
- What is now the “once-in-a-century” Atlantic City flood could happen every 1-2 years



(Source: UCS' *NE Climate Assessment*, 2007)

Future climate-health effects : heat stress



Knowlton et al. (*AJPH*, 2007)

- Summer heat-related mortality could increase 70% by the 2050s, in the tri-state metropolitan region, with climate change
- Adaptation matters: estimated 25% reduction in mortality

Ground-level ozone (smog) formation

Ozone formation

Sunlight



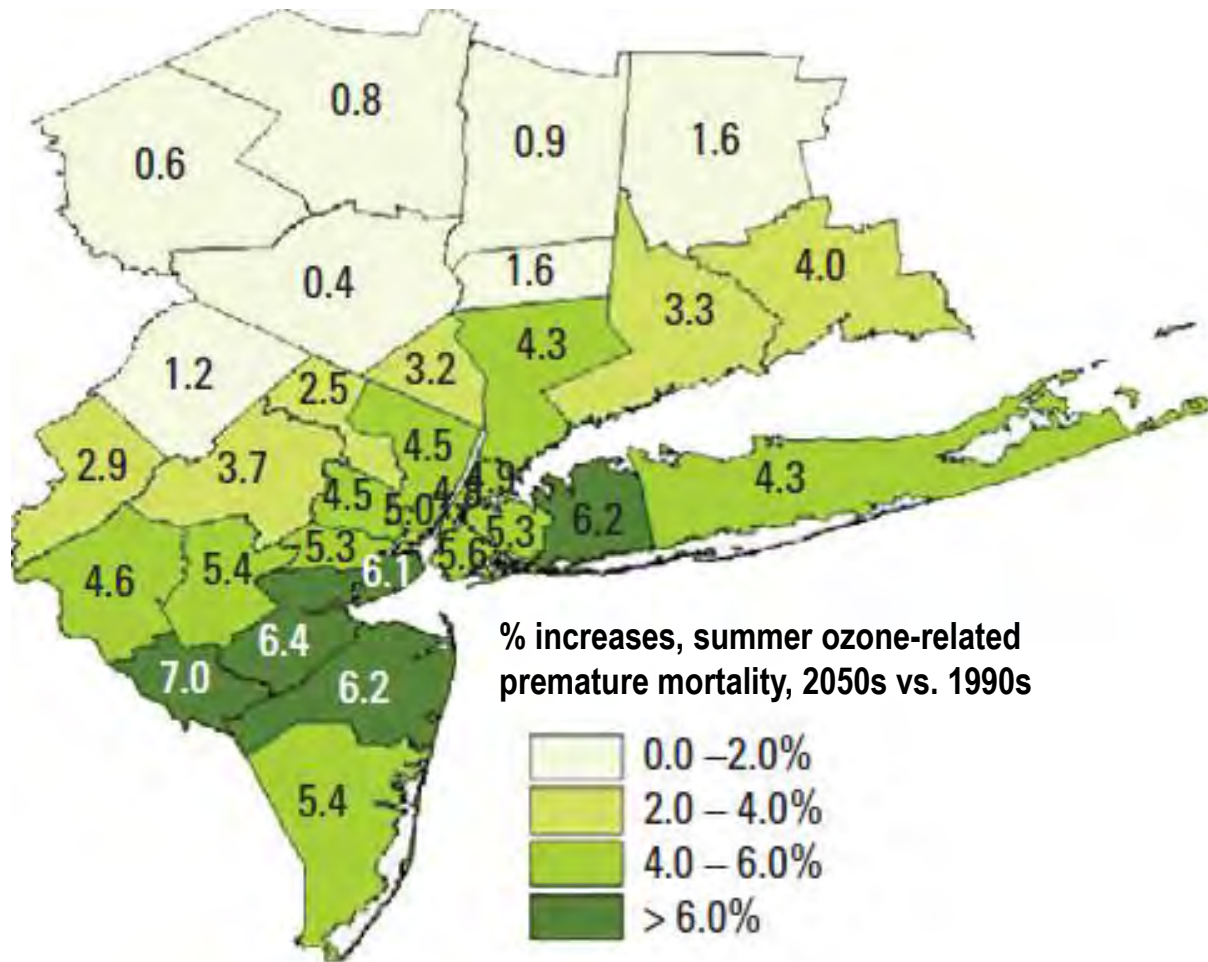
Oxygen (O_2) +
Volatile Organic Compounds (VOC) +
Nitrogen Oxides (NO_x)



Ozone (O_3)



Future climate-health effects: air pollution



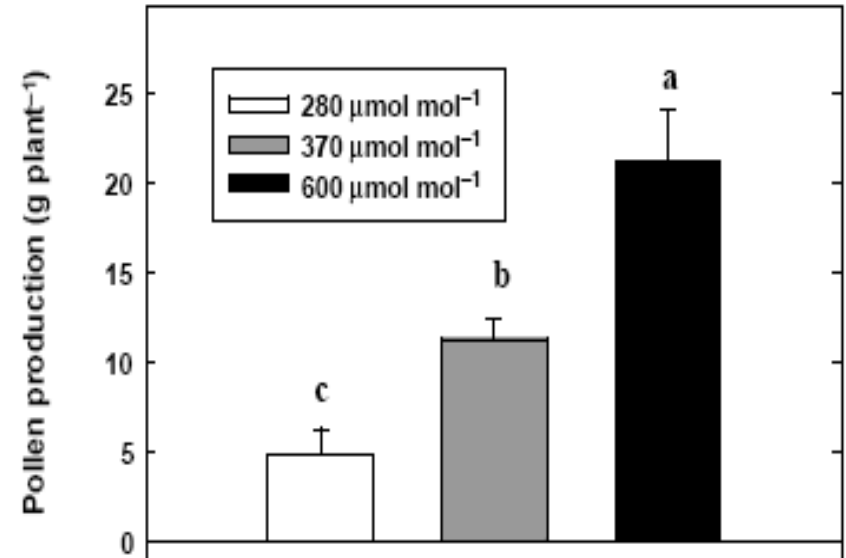
- Summer ozone-related mortality could increase 4.5% region-wide by the 2050s
- Local exposures vary, as do local vulnerabilities

Knowlton et al. (*EHP* 2004)

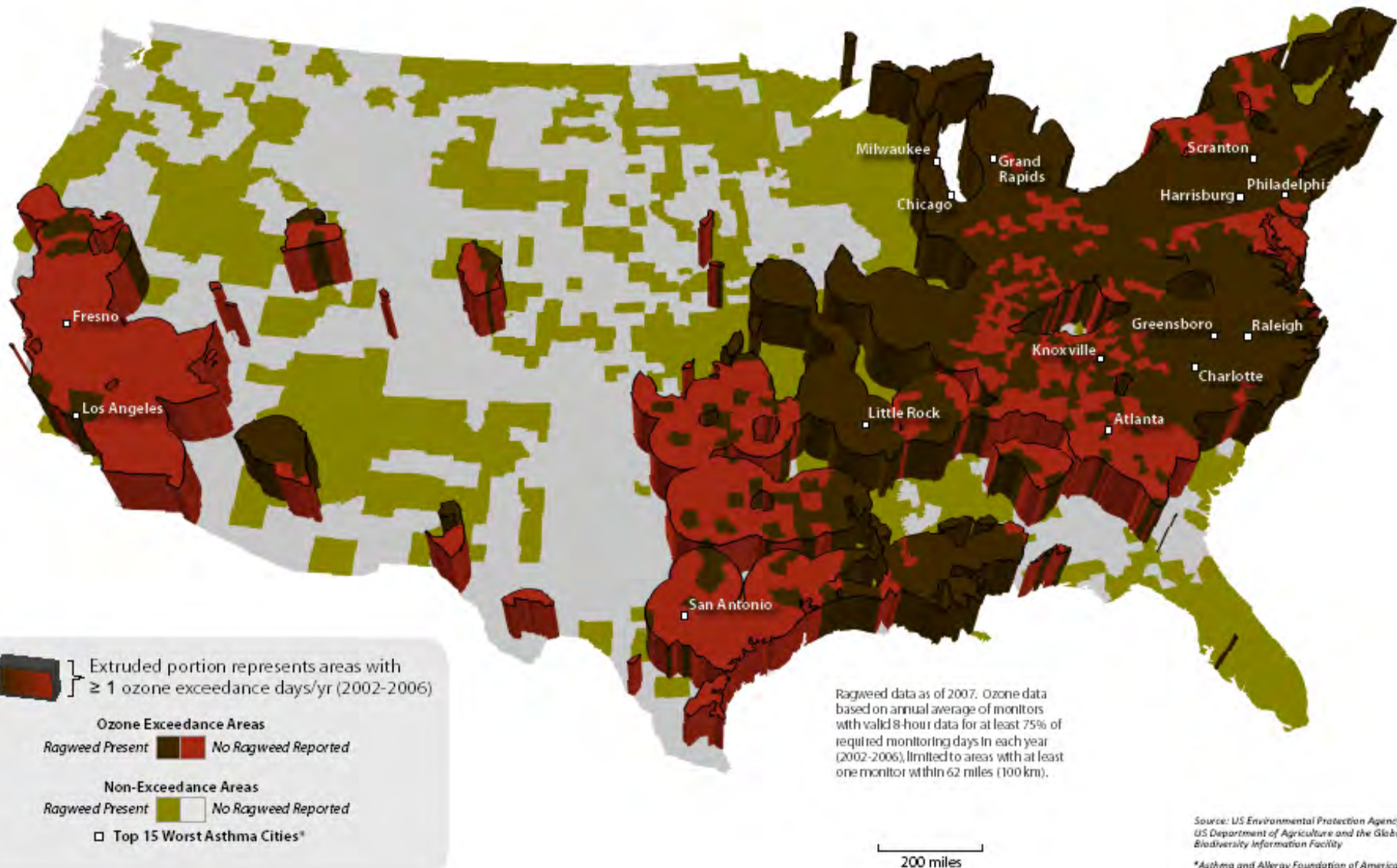
Ragweed and Climate Change

- CO₂ levels today – **131%** more pollen
- CO₂ levels in 2050 – **320%** more pollen

...compared with pre-industrial levels.



Ozone and Ragweed Occurrence in the Continental United States



Climate Change, Allergies & Asthma

- Both ragweed pollen and ozone air pollution are expected to worsen with higher CO₂, temperatures.
- Results:
 - ▣ Could be more areas with “double-whammy”
 - ▣ Longer allergy season
 - ▣ Worse symptoms in allergy & asthma sufferers



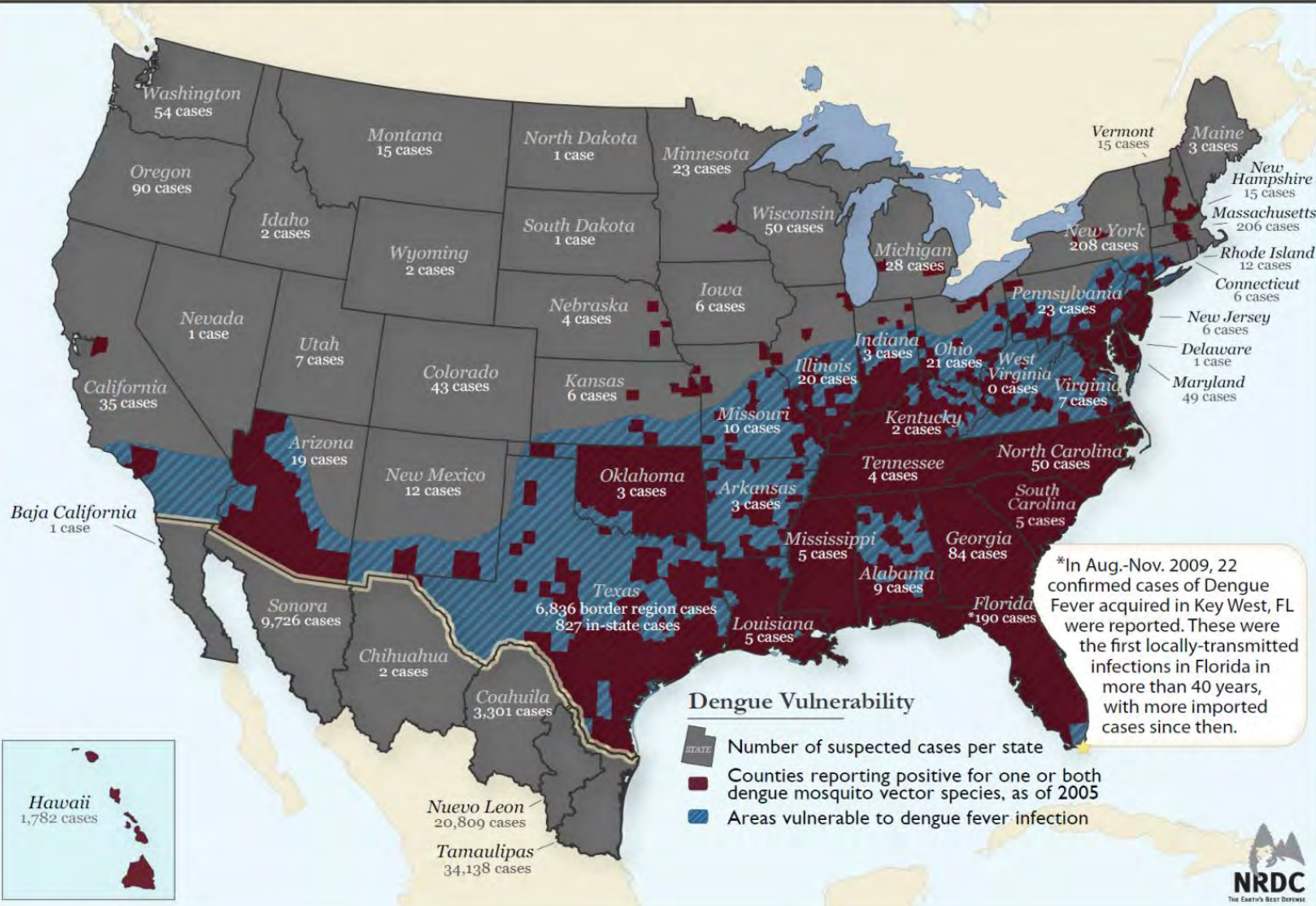
Infectious Illnesses

Dengue Fever



Dengue Fever Vulnerability in the United States

Suspected Dengue Cases Reported from 1995 - 2005* in the U.S. and Northern Mexico, and U.S. Vector Range



Health costs of climate change



- Infrastructure damages are typically the bulk of climate change cost estimates
- Health damage costs have seldom been included
- Valuing *current* climate-sensitive events (via 6 case studies) to predict *future* costs: **\$14 Billion**
- Challenge for future: expanding to national scope, projecting economic burden related to health impacts from many more climate-sensitive events

\$14 billion in health-related costs from just six US climate change-related events, 2002-2009

(Knowlton et al., *Health Affairs* 2011)

Six U.S. Case Studies, 2002-2009, Resulted in More Than \$14 Billion in Climate-Related Health Costs.

Over a two-week heat wave, 655 deaths, 1,620 hospitalizations, and more than 16,000 excess emergency room visits, resulted in nearly \$5.4 billion dollars in costs. Major heat waves such as this are expected to occur more frequently in the future.

HEAT WAVE, CALIFORNIA, 2006



WILDFIRES, SOUTHERN CALIFORNIA, 2003

These fires burned more than 736,000 acres and resulted in 69 deaths, 778 hospitalizations, and more than 47,600 outpatient visits. Together, this resulted in health-related costs exceeding \$578 million. Conditions conducive to wildfires, including drought and extreme heat, are expected to worsen in many parts of the country due to climate change.



© Dave Powell, USDA Forest Service

FLOODING, NORTH DAKOTA, 2009



FEMA News Photo



WEST NILE VIRUS, LOUISIANA, 2002

An outbreak of West Nile Virus in Louisiana in 2002 resulted in an estimated 24 premature deaths, 204 hospitalizations, and nearly 5,800 outpatient visits. Health-related costs totaled \$207 million. Mosquito-borne diseases are expected to emerge and spread into more northern climates as temperatures increase and create more habitable environments for mosquitoes.



SMOG POLLUTION, NATIONWIDE, 2002

Across the U.S. in 2002, nearly 288 million Americans were exposed to ozone smog levels above the health-based standard, which was then 80 ppb. This exposure hastened death for 795 people, and caused 4,150 hospitalizations and more than 365,000 outpatient visits, at a cost of \$6.5 billion. Smog levels are anticipated to rise in the coming years, in the absence of strategies to reduce precursor emissions, because as climate change increases temperatures, ozone-forming chemical reactions also increase.



FEMA News Photo

HURRICANES, FLORIDA, 2004

Four major hurricanes caused 144 premature deaths, nearly 2,200 hospitalizations, 2,600 emergency visits, and \$1.4 billion in health-related costs. Climate change is projected to increase the intensity of hurricanes, as sea surface temperature rise in the North Atlantic and provide more energy to drive storm systems. Some climate models project a doubling in the most intense hurricanes (Category 4 and 5) by late in this century.⁶

Table 1. Health costs in climate change-related case study areas, with costs per health effect, 2002 through 2009.

Climate Change-Related Case Study	Premature Death	Illness	Total Health Cost by Case Study
Ozone smog pollution	\$6.3 Billion	\$254 Million	\$6.5 Billion
Heat wave	\$5.2 Billion	\$179 Million	\$5.3 Billion
Hurricane	\$1.1 Billion	\$255 Million	\$1.4 Billion
Wildfire	\$545 Million	\$34 Million	\$578 Million
Mosquito-borne infectious disease	\$190 Million	\$18 Million	\$207 Million
River flooding	\$16 Million	\$5 Million	\$20 Million
Total costs (in U.S. dollars, 2008)	\$13.3 Billion	\$744 Million	\$14.1 Billion



<http://www.nrdc.org/health/accountingforcosts/>



Climate Solutions: Strategies

□ Two Strategies for Solutions

Mitigation

interventions to reduce emissions (or enhance sinks) of greenhouse gases

Adaptation

initiatives & measures to reduce the vulnerability of natural & human systems against actual or expected climate change effects

CLIMATE CHANGE THREATENS HEALTH

SERIOUS THREATS WHERE YOU LIVE AND WHAT TO DO ABOUT THEM

Climate change is one of the most serious public health threats facing the nation, but few people are aware of how it can affect them. Children, the elderly, and communities living in poverty are among the most vulnerable. Click on a state on the map for more information on climate-health threats, actions being taken to prepare communities, and what you can do.



MORE INFORMATION

Take Action



VIDEO: Climate Change Threatens Health



[Watch the Video >](#)

Issue Papers and Reports

- Climate and Your Health** (2011)
Addressing the Most Serious Health Effects of Climate Change
- Climate Change, Water, and Risk** (2010)
Current Water Demands Are Not Sustainable
- Tides of Trouble** (2010)
Increased Threats to Human Health and Ecosystems from Harmful Algal Blooms
- The Worst Summer Ever?** (2010)
A report on record setting night-time temperatures
- Fever Pitch** (2009)
Mosquito-Borne Dengue Fever Threat Spreading in the Americas
- Boosting the Benefits** (2008)
Improving Air Quality and Health by Reducing Global Warming Pollution in California
- Preparing for Global Warming** (2008)
A Framework for Protecting Community Health and the Environment in a Warmer World
- Sneezing and Wheezing** (2007)
How Global Warming Could Increase Ragweed Allergies, Air Pollution and Asthma

Share

Five Ways Climate Change Threatens Health



Air Pollution >
Rising heat worsens smog. Burning coal and oil emits carbon and particle pollution; plants produce more allergenic pollen, affecting respiratory health threats like asthma.
[Find out more >](#)



Extreme Heat >
Heat waves send thousands to emergency rooms and cost health care systems millions of dollars; climate change brings longer, more intense heat waves.
[Find out more >](#)



Infectious Diseases >
Hotter summers can make disease-carrying insects more active, for longer seasons; illnesses like dengue, West Nile, and Lyme can spread into new areas.
[Find out more >](#)



Drought >
Hotter days and nights, and changing rainfall patterns reduce water supply quantity and quality, and diminish food security.
[Find out more >](#)



Flooding >
Climate change intensifies rainfall, heavy rains increase risk of drinking water contamination and illness; floods can force communities to relocate.
[Find out more >](#)

Climate and Health blog posts from

SWITCHBOARD

Dirp, Ruggie, Summer Air Reminds Us Why We Need Stronger Air Quality Standards that Cut Pollution
posted by Kim Knowlton, 8/30/11
Today it was 111°F in Phoenix, AZ; tomorrow a high of 107°F is predicted. More than 70 ...

Waiting for Irene and Remembering Katrina
posted by Gina Solomon, 8/25/11
Like most people on the East Coast, I'm anxiously watching the approach of Hurricane Irene. A ...

Irene Approaches, But Climate Change Got Here First
posted by Kim Knowlton, 8/25/11
NRDC's "Climate Change Threatens Health" webpages map five major climate-health ...

Strengthening Local Level Heat-Health Measures in India
posted by Anjali Jaswal, 8/17/11
NRDC's new tool, "Climate Change Threatens Health" shows local data and maps detailing extreme ...

[More from Switchboard >>](#)

NRDC's
Climate Change Threatens Health
website:
local climate-health threats, and adaptation actions
www.nrdc.org/climatemaps



4 Key Elements of Adaptation: Climate-Health Preparedness Strategies

- Identify Local Vulnerabilities
- Track Environmental Changes & Health Threats
- Build Resilient Communities
- Promote Education & Public Dialogue



Example: Heat-Health Warning Systems



HEAT WATCH/WARNING SYSTEMS SAVE LIVES

Estimated Costs and Benefits for Philadelphia 1995–98

BY KRISTIE L. EBI, THOMAS J. TEISBERG, LAURENCE S. KALKSTEIN,
LAWRENCE ROBINSON, AND RODNEY F. WEIHER

The cost of running a heat wave warning system for Philadelphia were practically at the “noise” level compared to the economic benefits of saving 117 lives in three years.

Ebi et al. (BAMS 2004)



- **Identifying Vulnerabilities** - City worked w/agencies to identify where elders live; Neighbors check on elderly via “buddy system” in heatwaves
- **Tracking** - National Weather Service, Dept of Public Health, Corporation for Aging, News Media are in contact when heat wave is predicted, and public is alerted frequently; free “Hotline” info
- **Climate-Smart Design** Cool Homes Program encourages energy-efficient design; free energy audits
- **Public Education**
Cooling centers opened; no utility service suspensions; more Fire, EMS, Homeless svc staff; Public education about protecting health, getting info during heat wave

Promoting adaptation

- *Only 13 states* have climate-health preparedness plans (NJ isn't among them yet)
- Rep. Capps' (D-CA) "Climate Change Health Protection & Promotion Act" proposed Nov. 2011
- Need more state & regional climate-health adaptation plans that target the most vulnerable communities
- Challenges
 - \$\$ Resources to support national, state & local preparedness
 - Need consensus: climate adaptation as a planning priorities
 - Continued support for national database on climate-sensitive events and associated health outcomes
 - Building a knowledge base now on adaptation

A Clean Energy Future



- Prepare for unavoidable effects of climate change
- Reduce carbon pollution to avoid unmanageable effects



Conclusions

- Climate change harms people's health
- Action needed to reduce carbon emissions & limit the most severe health effects
- Energy/environmental policies must protect health of our most vulnerable
- We can improve our lives, create healthier communities by preparing for climate change's effects



“We know enough now to act”



*** Thank you ***

kknowlton@nrdc.org

www.nrdc.org/climatemaps

Link to health costs of climate change paper in Health Affairs at:

<http://www.nrdc.org/health/accountingforcosts/>