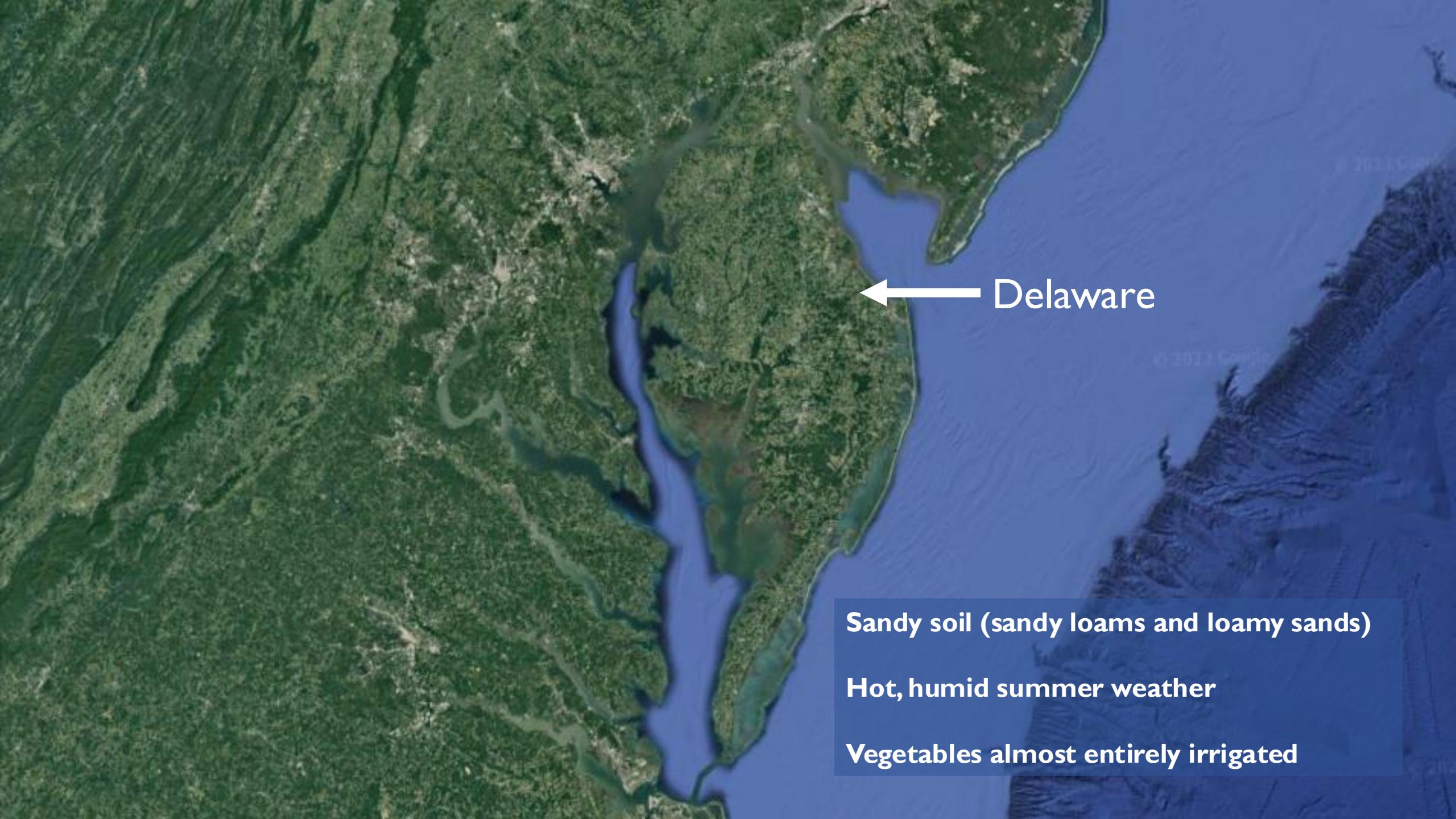


Heat Tolerance Strategies in (Vegetable) Crop Production

Dr. Emmalea Ernest
Extension Fruit & Vegetable Specialist
Assistant Professor, Plant & Soil Sciences
University of Delaware

emmalea@udel.edu

Extreme Weather and Climate: A Virtual Workshop for NJ Agricultural Technical Service Providers
February 11, 2026



← Delaware

Sandy soil (sandy loams and loamy sands)

Hot, humid summer weather

Vegetables almost entirely irrigated

Heat Stress Effects

Heat stress causes yield and quality problems in vegetables.



Heat Tolerance Differences Between Crops

Cool Season Crops



Images by E Ernest

Heat Tolerance Differences Between Crops

Warm Season Crops



Heat Tolerance Differences Between Crops

Crops with Potential for Improved Heat Tolerance



Images by E Ernest

Heat and Drought Stress Interact

Heat Stress & Drought Stress

- Often occur together
- Heat stress exacerbates drought stress and vice versa
- Physiological effects of heat and drought are distinct

Drought Stress

- Primary physiological effect is decrease in photosynthesis resulting from stomates closing

Heat Stress

- Primary physiological effects are membrane disruption and protein denaturation

Synergistic Effect of Drought on Heat Stress

Drought stressed plants close stomates to reduce water loss

Closed stomates → decreased evapotranspiration

Decreased evapotranspiration → higher leaf temperatures

Higher leaf temperatures → increased heat stress

Synergistic Effect of Heat on Drought Stress

High temperatures → high rate of evapotranspiration

Increased evapotranspiration → higher water use by plant

Higher water used by plant → increased chance for plant water deficit

Irrigation can solve the problem of drought stress;

however it can only mitigate the problem of heat stress.

Heat Stress Effects on Broccoli



Temperatures above 86°F during early head formation causes uneven floret development and “rough” heads.



Images by E Ernest

Heat Stress Tolerant Broccoli



Eastern Crown
Sakata



Millennium
Sakata

Also: **BC1764, Lieutenant, Imperial, Emerald Crown**

Images by Gordon Johnson, University of Delaware

Heat Stress Effects on Cauliflower



High temperatures (mid to upper 80s) during head formation and growth cause purpling, ricing, fuzziness or leafiness.

Images by E Ernest

Successful Spring Varieties 2020

Bishop 64 days

Rijk Zwaan

87% Marketable



Bermeo 62 days

Bejo

80% Marketable



Denali 67 days

Rijk Zwaan

73% Marketable



Also: **Aquarius, Minuteman**

Images by E Ernest

Heat Stress Effects on Lettuce



- > High soil temperatures ($>80^{\circ}\text{F}$) inhibit germination.
- > During growth, high temperatures ($>80^{\circ}\text{F}$) cause bolting and bitterness.

Images by E Ernest

Heat Tolerant Lettuce Varieties



Baja
Green Butterhead
Adaptive Seeds



Muir
Green Batavia
Various Suppliers



Kalura
Romaine
Various Suppliers



Chalupa
Romaine
Johnny's Seeds



Hanson Red
Red Batavia
Adaptive Seeds

Images by E Ernest

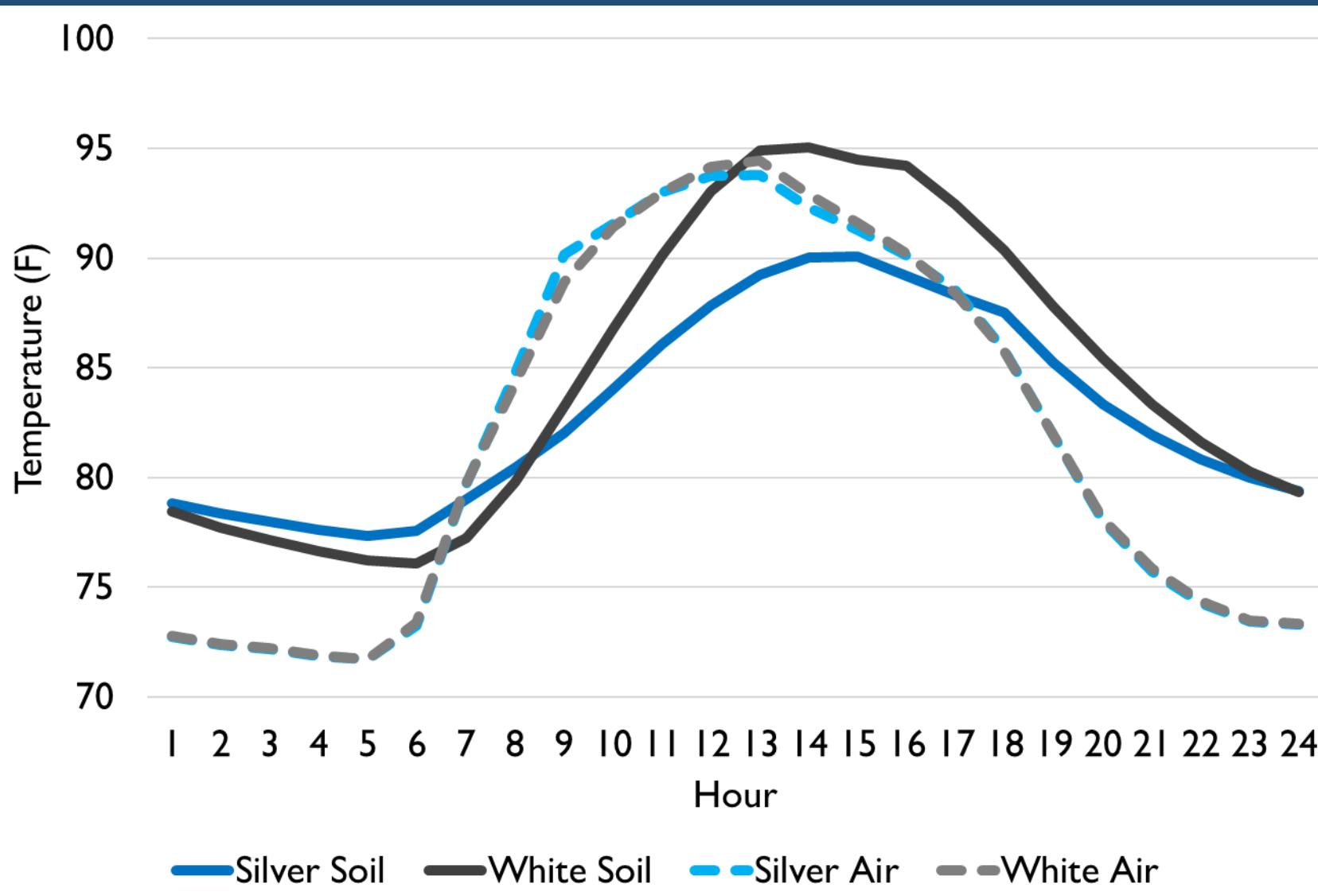
Combining Heat Stress Management Practices

Shade Cloth + HT Varieties (High Tunnel)
or
HT Varieties + White/Reflective Mulch



Images by E Ernest

Mulch Color Temperature Effects in 2025 Lettuce Trials



2025 Temperature Summary

3 loggers per treatment
27 days (Jun 25 to Jul 22)
Logging @ 10-minute intervals

Each hour average is the average of
486 datapoints (3 x 27 x 6)

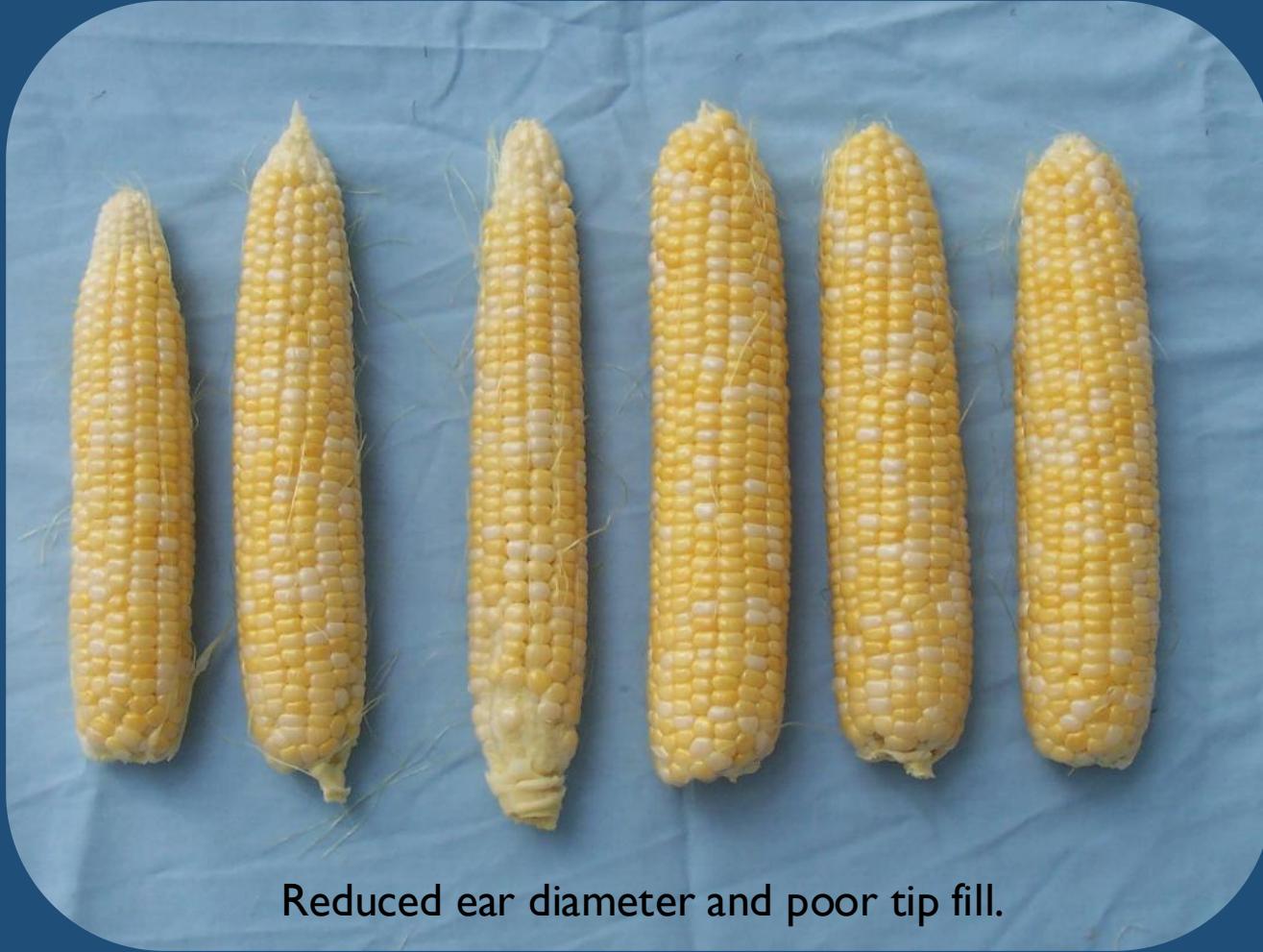
Silver mulch had 5 °F lower temperatures at mid day but slightly warmer early morning temperatures.

Heat Stress Effects on Sweet Corn



Leaf scald caused by high temperatures.

> Heat susceptible growth stages:
pollination to harvest

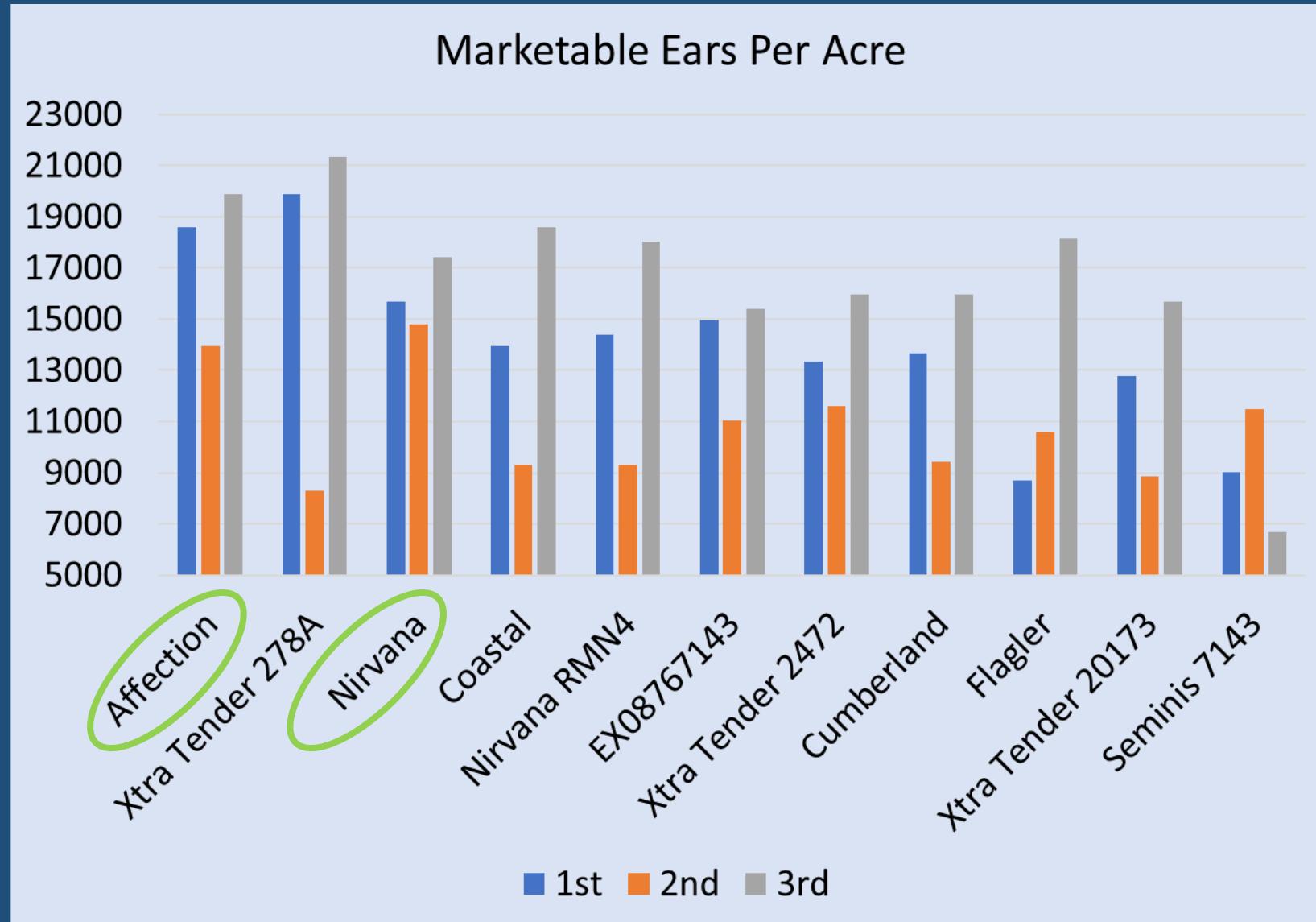


Reduced ear diameter and poor tip fill.



Images by E Ernest

Bicolor Supersweet Corn Trials in 2019



Heat Tolerant Sweet Corn Varieties

Bicolor Supersweet



Affection



Nirvana

White se



Whiteout



Mattapoisette

Images by E Ernest

Heat Tolerant Sweet Corn Varieties

White Supersweet



White Lightning



Xtra Tender 378A



7401 IMP



Endurance



XTH 3174



Seabright

Images by E Ernest

Heat Stress Effects on Tomatoes



G Brust, University of Maryland

Flower Abortion; Low/No Fruit Set



G Brust

> Night temps $>70^{\circ}\text{F}$ inhibit pollination

Images by Gerald Brust, University of Maryland

Heat Stress Effects on Tomatoes



Internal White Tissue



Yellow Shoulders Ripening Disorder

- > High temps during fruit development cause ripening disorders
- > Ripening disorders also related to potassium status of fruit and impacted by root health

Heat Tolerant Tomato Varieties



STM2255



Red Bounty

High Yield & Low White Tissue Incidence



Grand Marshall



Red Snapper



Red Mountain

High Yield

Images from seed suppliers

Heat Tolerant Tomato Varieties



Primo Red



Grand Marshall



Mountain Majesty



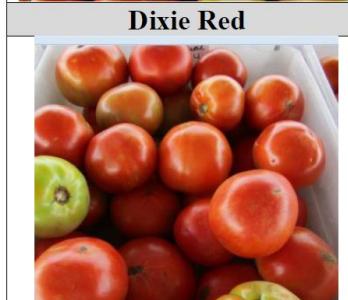
Dixie Red



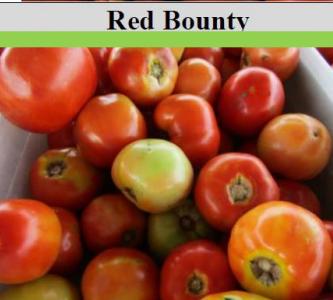
Red Bounty



Red Mountain



Red Deuce



Bella Rosa



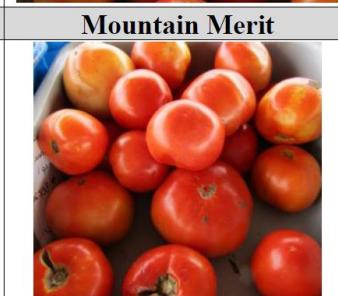
Mountain Merit



Scarlet Red



Camaro



Biltmore

Images from Gordon Johnson, University of Delaware

Heat Stress Effects on Peppers

Stem Girdling from Heat Necrosis



June 1, 2022



July 20, 2022

Images by E Ernest.

Heat Stress Effects on Peppers

Strategies to Combat Stem Girdling

- Irrigate
- Use larger cell size transplants 72s not 128s
- Plant on bare ground
- Use white plastic mulch
- Spray particle film on black mulch
- Apply shade cloth

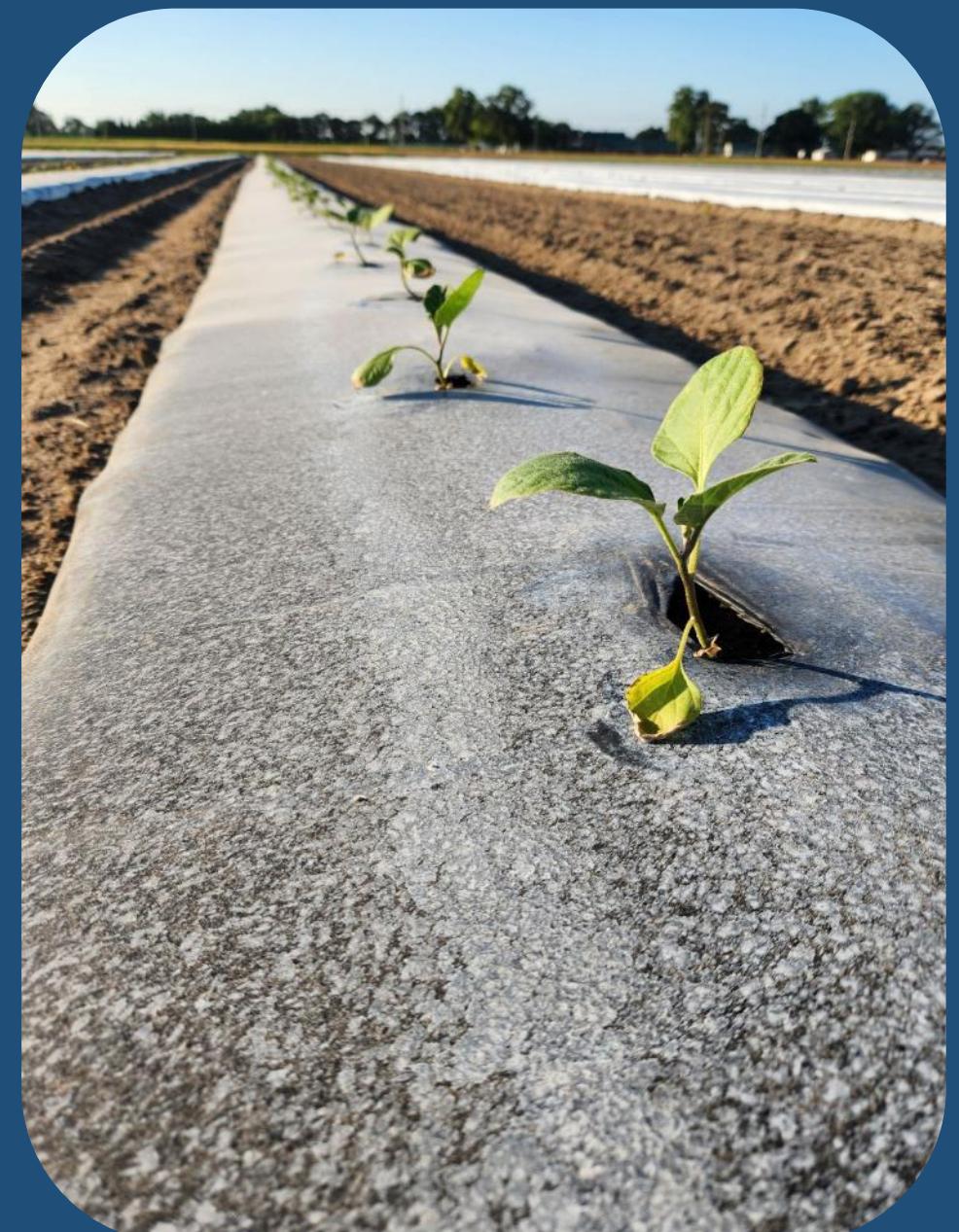


Image by E Ernest

Heat Stress Effects on Peppers

Strategies to Combat Stem Girdling



Unshaded Treatment Jul 20, 2022



Shaded Treatment Jul 20, 2022

Images by E Ernest

Heat Stress Effects on Peppers

Sunburn or Sunscald



Photooxidative Sunburn = too much light



Sunburn Necrosis = too much heat

Skin temps exceeding 105-108°F in peppers

Heat Stress Effects on Peppers

Strategies to Combat Sunscald & Sunburn

- Irrigate
- Stake plants
- Protect foliage from disease
- Apply particle film
- Apply shade cloth



Image by E Ernest.

Heat Stress Effects on Snap Beans

Images by E Ernest

Hot **night** temperatures cause the biggest problems (>68 °F)

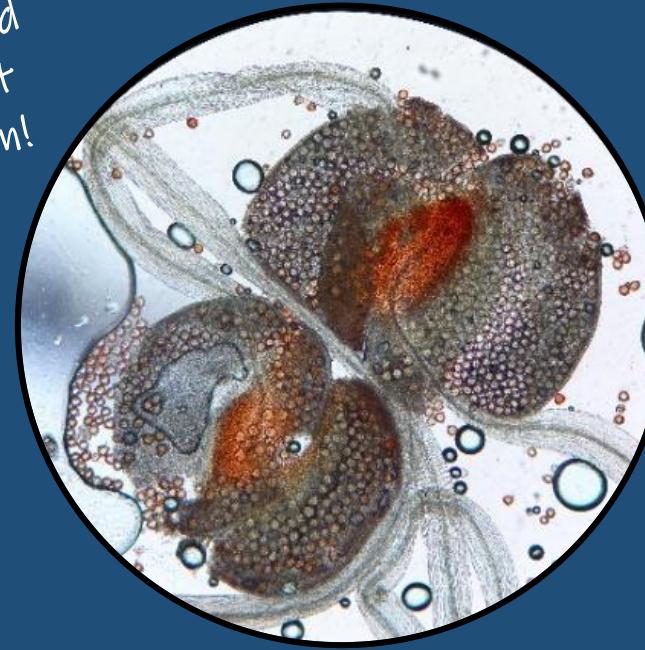
Flowers susceptible to heat damage in the bud stage (in the 10 days prior to opening).

Hot nights cause anther indehiscence (anthers do not open and release pollen).

Hot nights also reduce pollen quality.

Result → fewer seeds per pod, misshapen pods, short pods, pod abortion, delayed harvest

Heat stressed anthers don't release pollen!



Heat Stress Effects on Snap Beans

Hot night temperatures cause the biggest problems (>68 °F)

Flowers susceptible to heat damage in the bud stage (in the 10 days prior to opening).

Hot nights cause anther indehiscence (anthers do not open and release pollen).

Hot nights also reduce pollen quality.

Result → fewer seeds per pod, misshapen pods, short pods, pod abortion, delayed harvest



Image by E Ernest

Heat Stress Effects on Snap Beans

Hot **night** temperatures cause the biggest problems

Flowers susceptible to heat damage in the bud stage (in the 10 days prior to opening).

Hot nights cause anther indehiscence (anthers do not open and release pollen).

Hot nights also reduce pollen quality.

Result → fewer seeds per pod, misshapen pods, short pods, pod abortion, delayed harvest



Image by E Ernest

Heat Stress Effects on Snap Beans

Hot **night** temperatures cause the biggest problems

Flowers susceptible to heat damage in the bud stage (in the 10 days prior to opening).

Hot nights cause anther indehiscence (anthers do not open and release pollen).

Hot nights also reduce pollen quality.

Result → fewer seeds per pod, misshapen pods, short pods, pod abortion, delayed harvest



Image by E Ernest

Heat Stress Effects on Snap Beans

Hot **night** temperatures cause the biggest problems

Flowers susceptible to heat damage in the bud stage (in the 10 days prior to opening).

Hot nights cause anther indehiscence (anthers do not open and release pollen).

Hot nights also reduce pollen quality.

Result → fewer seeds per pod, misshapen pods, short pods, pod abortion, delayed harvest



Heat Tolerant Varieties – Bush Beans



PV 857 – Crites Seed
Sieve 3-4
Trialed in 2017, 2018, 2020, 2021, 2023, 2024



Greenback – Syngenta
Sieve 3-4
Trialed in 2023, 2024



Raptor (PV 966) – Crites Seed
Sieve 3-4
Trialed in 2024, 2025



PL 0008 – Pure Line
Sieve 4-5
Trialed in 2021, 2024

Heat Tolerant Varieties – Pole Beans



Early Riser – Adaptive Seed



Cobra – Johnny's Selected Seeds